**Research Paper** 

# Histogram analysis parameters of dynamic contrast-enhanced magnetic resonance imaging can predict histopathological findings including proliferation potential, cellularity, and nucleic areas in head and neck squamous cell carcinoma

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## ABSTRACT

Our purpose was to analyze possible associations between histogram analysis parameters of dynamic contrast-enhanced magnetic resonance imaging DCE MRI and histopathological findings like proliferation index, cell count and nucleic areas in head and neck squamous cell carcinoma (HNSCC).

30 patients (mean age 57.0 years) with primary HNSCC were included in the study. In every case, histogram analysis parameters of  $K_{trans'} V_{e'}$  and  $K_{ep}$  were estimated using a mathlab based software. Tumor proliferation index, cell count, and nucleic areas were estimated on Ki 67 antigen stained specimens. Spearman's non-parametric rank sum correlation coefficients were calculated between DCE and different histopathological parameters.

KI 67 correlated with  $K_{trans} \min (p = -0.386, P = 0.043)$  and s  $K_{trans}$  skewness (p = 0.382, P = 0.045),  $V_e \min (p = -0.473, P = 0.011)$ , Ve entropy (p = 0.424, P = 0.025), and  $K_{ep}$  entropy (p = 0.464, P = 0.013). Cell count correlated with  $K_{trans}$  kurtosis (p = 0.40, P = 0.034),  $V_e$  entropy (p = 0.475, P = 0.011). Total nucleic area correlated with  $V_e \max (p = 0.386, P = 0.042)$  and  $V_e entropy (p = 0.411, P = 0.030)$ .

In G1/2 tumors, only K<sub>trans</sub> entropy correlated well with total (P = 0.78, P = 0.013) and average nucleic areas (p = 0.655, P = 0.006). In G3 tumors, KI 67 correlated with Ve min (p = -0.552, P = 0.022) and V<sub>e</sub> entropy (p = 0.524, P = 0.031). Ve max correlated with total nucleic area (p = 0.483, P = 0.049). Kep max correlated with total area (p = -0.51, P = 0.037), and K<sub>ep</sub> entropy with KI 67 (p = 0.567, P = 0.018).

We concluded that histogram-based parameters skewness, kurtosis and entropy of  $K_{trans'}$ ,  $V_{e'}$  and  $K_{ep}$  can be used as markers for proliferation activity, cellularity and nucleic content in HNSCC. Tumor grading influences significantly associations between perfusion and histopathological parameters.

## **INTRODUCTION**

Dynamic contrast-enhanced magnetic resonance imaging (DCE MRI) is a modality to characterize perfusion and vascularization of tissues [1–3]. According to the literature, parameters of DCE MRI can differentiate between malignant and benign lesions in several organs [1, 3]. DCE MRI can also distinguish low and high grade tumors [4–6]. Furthermore, some reports identified significant associations between DCE MRI findings and histopathology in several malignancies [7–9]. So Li *et al.* showed that the perfusion parameters significantly correlated with microvessel density in breast cancer [7]. Additionally, Jain *et al.* found that DCE MRI was associated with proliferation index KI 67 in glioma [8]. In HNSCC, it has been shown that DCE MRI parameters reflected well microvessel density [9].

Currently, a new approach of imaging analysis, namely histogram analysis of different radiological parameters is in trend. So some reports indicated that histogram analysis parameters of apparent diffusion coefficient (ADC) can better reflect several morphological features in different malignancies in comparison to established ADC parameters [10-12]. For instance, Liu et al. showed that ADC histogram parameters can well differentiate T and N stages in gastic cancer [13]. Also histogram parameters of DCE MRI have been reported to have a great diagnostic potential. According to Lee et al., histogram parameters of MR perfusion can distinguish between oligodendroglioma and astrocytic tumors [14]. Furthermore, histogram DCE MRI parameters can be used to differentiate between lymphoma and squamous cell carcinoma of the oropharynx [15].

Presumably, histogram based DCE MRI parameters are more sensitive to reflect histopathololgical features than mean values used in clinical practice.

The purpose of this study was to analyze possible associations between histogram analysis parameters of DCE MRI and histopathological findings like proliferation index, cell count and nucleic areas in HNSCC.

#### **RESULTS**

Correlation analysis identified several statistically significant correlations and correlation trends between the investigated parameters. KI 67 correlated with K<sub>trans</sub> min (P = -0.386, P = 0.043) and K<sub>trans</sub> skewness (P = 0.382, P = 0.045) (Table 1). Furthermore, K<sub>trans</sub> kurtosis correlated with cell count (P = 0.40, P = 0.034). V<sub>e</sub> min correlated with KI 67 (P = -0.473, P = 0.011) and V<sub>e</sub> max with total nucleic area (P = 0.386, P = 0.042). V<sub>e</sub> entropy showed significant correlations with KI 67 (P = -0.424, P = 0.025), cell count (P = 0.475, P = 0.011), and total nucleic area (P = 0.411, P = 0.030). Finally, K<sub>ep</sub> entropy correlated with KI 67 (P = 0.464, P = 0.013).

On the next step, separate correlation analyses in the low and high grade HNSCC were performed. In G1/2 tumors, only  $K_{\text{trans}}$  entropy correlated well with total (P = 0.78, P = 0.013) and average nucleic areas (P = 0.655, P = 0.006) (Table 2). There were no other statistically significant correlations or correlation trends between the parameters.

In G3 tumors, KI 67 correlated with V<sub>e</sub> min (P = -0.552, P = 0.022) and V<sub>e</sub> entropy (P = 0.524, P = 0.031) (Table 3). Furthermore, V<sub>e</sub> max correlated with total nucleic area (P = 0.483, P = 0.049). In addition, K<sub>ep</sub> max correlated with total area (P = -0.51, P = 0.037), and K<sub>ep</sub> entropy with KI 67 (P = 0.567, P = 0.018).

#### DISCUSSION

The present study identified associations between different DCE MRI parameters derived from histogram analysis and histopathological findings in HNSCC.

As mentioned above, previously, numerous studies analyzed DCE MRI findings in HNSCC [16–21]. It has been shown that perfusion parameters predicted tumor behavior and, therefore, can be used as biomarker [16–21]. So far volume of  $V_e$  is one of the independent prognostic factors for neck control in HNSCC treated with chemoradiation [16]. Furthermore, Kim *et al.* investigated lymph node metastases in HNSCC and found that low pretreatment K<sub>trans</sub> was associated with a poor response to concurrent chemoradiation therapy [18]. Finally, Chawla *et al.* showed that lower pretreatment K<sub>trans</sub> correlated with shorter disease-free survival [19].

The reported results suggested that DCE MRI parameters should be associated with relevant histopathological features in HNSCC. Previously, only two studies analyzed possible relationships between DCE MRI and histopathology in patients HNSCC [9, 22]. So Jansen et al. identified statistically significant correlations between KI 67 and  $K_{trans}$ ,  $V_{e}$ , as well between  $K_{ep}$  and vascular endothelial growth factor (VEGF) in neck nodal metastases of HNSCC [22]. However, other authors did not find statistically significant correlations between DCE MRI parameters and KI 67 or tumor cellularity in HNSCC [9]. Presumably, these controversial results may be related to the fact that the studies investigated different parameters: in one study [22] standard deviation and in another [9] mean values of DCE parameters were analyzed. There is also another problem, namely the previous analyses investigated small number of patients, namely 12 [22] and 16 [9]. This fact also relativizes the reported results.

We hypothesize that DCE MRI should have more significant correlations with histopathology than reported previously. Especially  $V_e$  and  $K_{ep}$  should be associated with cellularity. This suggestion seems to be logical. In fact,  $V_e$  represents volume of the extravascular extracellular space [23, 24] and, therefore, may be associated with cell count. Furthermore, the assumed correlation between  $V_e$ 

Parameters	Ki67	Cell count	Total nucleic area	Average nucleic area
K <sub>trans</sub> min	p = -0.386 P = 0.043			p = -0.347 P = 0.07
K <sub>trans</sub> P10	p = -0.334 P = 0.083			
Median	p = -0.321 P = 0.096			
K <sub>trans</sub> kurtosis	p = 0.358 P = 0.06	p = 0.40 P = 0.034		
K <sub>trans</sub> skewness	p = 0.382 P = 0.045	p = 0.371 P = 0.052		
Ve min	p = -0.473 P = 0.011			
V <sub>e</sub> max			p = 0.386 P = 0.042	
<b>V</b> <sub>e</sub> <b>P10</b>	p = -0.365 P = 0.056			
V <sub>e</sub> P25	p = -0.359 P = 0.061			
V <sub>e</sub> median	p = -0.328 P = 0.088			
V <sub>e</sub> mode	p = -0.338 P = 0.079			
V <sub>e</sub> entropy	p = 0.424 P = 0.025	p = 0.475 P = 0.011	p = 0.411 P = 0.030	
K <sub>ep</sub> entropy	p = 0.464 P = 0.013	p = 0.321 P = 0.096		

Table 1: Correlations between DCE MRI and histopathological parameters

Only statistically significant correlations and statistical trends are shown.

Parameters	Total nucleic area	Average nucleic area
K <sub>trans</sub> kurtosis		
K entrony	n = 0.78	n = 0.655
K <sub>trans</sub> entropy	p = 0.78 P = 0.013	p = 0.655 P = 0.006

Only statistically significant correlations and statistical trends are shown.

and cellularity should be inversely, namely more cellsless extracellular space and vice versa. In fact, in an experimental study with glioma model, a strong inverse correlation (r = -0.75) between V<sub>e</sub> and cellularity could be identified [25].

Similarly,  $K_{ep}$  reflects diffusion of contrast medium from the extravascular extracellular space back to the plasma [23, 24], and may also have relationships with tumor cellularity. Previous studies indicated correlations between  $K_{trans}$  and microvessel density in several malignancies [7, 9]. Also some authors suggested that  $K_{trans}$  correlated with proliferation activity (KI 67 expression) in hepatocellular carcinoma [26]. However, this did not apply for all lesions [8, 9]. On the other hand,  $K_{trans}$  reflects diffusion of contrast medium from the plasma through the vessel wall into the interstitial space [23, 24], and, therefore, may also have significant correlations with tumor cell count.

The present study confirmed these assumptions. Here, interestingly phenomena were identified. Proliferation activity slightly correlated with the minimum of  $K_{trans}$  and  $V_{e}$  and tended to correlate with several percentiles of both parameters. Furthermore, stronger correlations were

Table 3: Associations between DCE MRI and histopathological parameters in G3 tumors

Parameters	<b>Ki67</b>	Total nucleic area	Average nucleic area
K <sub>trans</sub> mean	p = -0.415 P = 0.097		
K <sub>trans</sub> P10	p = -0.439 P = 0.078		
V <sub>e</sub> min	p = -0.552 P = 0.022		
V <sub>e</sub> max	p = 0.417 P = 0.096	p = 0.483 P = 0.049	
V <sub>e</sub> P10	p = -0.443 P = 0.075		
V <sub>e</sub> entropy	p = 0.524 P = 0.031	p = 0.441 P = 0.076	
K <sub>ep</sub> max		p = -0.51 P = 0.037	p = -0.448 P = 0.072
K <sub>ep</sub> entropy	p = 0.567 P = 0.018		

Only statistically significant correlations and statistical trends are shown

observed between histogram-based parameters skewness, kurtosis and entropy and different histopathological findings. So kurtosis of K<sub>trans</sub> correlated statistically significant with cell count and tended to correlate with KI 67, and skewness of  $\rm K_{trans}$  correlated with KI 67. Entropy of  $\rm V_e$  correlated with KI 67 expression, cell count, and total nucleic area. Finally, entropy of K<sub>ep</sub> correlated with KI 67. In contrast to the previous reports, neither standard deviation nor mean values of the investigated perfusion parameters showed significant correlations with histopathological findings. These findings indicated the following: firstly, routinely used perfusion parameters (mean, median or standard deviation) are non sensitive to reflect relationships with cellularity and proliferation activity in HNSCC. Secondly, histogram-based parameters are better associated with proliferation activity, cellularity and nucleic areas in HNSCC. This finding is very important for clinical practice and implicates use of histogram-based DCE MRI parameters to predict histopathological features in HNSCC.

Furthermore, our study identified also another phenomenon, namely associations between perfusion parameters and histopathology is different in different tumor grades. Significantly more correlations and trends are seen in G3 tumors than in low grade lesions. The exact cause of this finding is unclear. Presumably, high grade carcinomas have other architecture, including relationships between tumor cells, especially cell size or volume and extracellular space, as well nucleiccytoplasmic ratio. Also other features like stroma and microvessel density etc. may also play a role. These factors results in different associations between histopathology and perfusion parameters derived from DCE MRI. Clearly, further works with more cases are needed to confirm this hypothesis. Also search for relevant associations between histogram analysis DCE MRI parameters and other histopathological features like invasiveness should be performed in HNSCC.

In conclusion, histogram analysis DCE MRI parameters are sensitiver than mean DCE MRI values to reflect associations with histopathology in HNSCC. Especially, histogram-based parameters skewness, kurtosis and entropy of  $K_{trans}$ ,  $V_e$ , and  $K_{ep}$  can be used as surrogate markers for proliferation activity, cellularity and nucleic content in HNSCC. Tumor grading influences significantly associations between perfusion parameters and histopathologic findings.

# MATERIALS AND METHODS

This study was IRB-approved and all patients gave their written informed consent.

#### Patients

Overall, 30 patients (8 women and 22 men, mean age  $57.0 \pm 10.6$  years, range, 33-77 years) with histological proven primary HNSCC were included in the study. The diagnosed tumors were localized in the oropharynx (46.7%), tongue (23.3%), hypopharynx (10%), larynx (16.7%), and nasopharynx (3.3%). Most frequently, the identified lesions were staged as T3 (33.3%) or T4 tumors (40%) with additional nodal (90%) metastases (Table 4). G1/2 tumors were diagnosed in 36.7% and G3 lesions in 63.3%.

Table 4: Localization and stage of the identified tumors

Diagnosis	n (%)		
Carcinoma of nasopharynx	1 (3.3)		
Carcinoma of oropharynx	14 (46.6)		
Carcinoma of hypopharynx	3 (10)		
Carcinoma of larynx	5 (16.7)		
Carcinoma of tongue	7 (23.3)		
Tumor stage	n (%)		
T stage			
T1	1 (3.3)		
T2	7 (23.3)		
Т3	10 (33.3)		
T4	12 (40)		
N stage	n (%)		
N0	3 (10)		
N1	5 (16.7)		
N2	19 (63.3)		
N3	3 (10)		
M stage	n (%)		
M0	28 (93.3)		
M1	2 (6.7)		
Tumor grading	n (%)		
G1	1 (3.3)		
G2	10 (33.3)		
G3	19 (63.3)		

# DCE MRI

In all patients dynamic contrast-enhanced (DCE) imaging of the neck was performed. In every case, dynamic T1w DCE sequences (TR/TE 2.47/0.97 ms, slice thickness 5 mm, flip angle 8° C, voxel size  $1.2 \times$  $1.0 \times 5.0$  mm) included 40 subsequent scans à 6 seconds were applicated. Intravenous administration of contrast medium (Gadovist®, Bayer Healthcare, Leverkusen, Germany) in a dose of 0.1 mmol per kg of body weight was started after the fifth scan at a rate of 3 ml per second and flushing with 10 ml of normal saline using a power injector (Spectris Solaris, Medrad, Bayer Healthcare, Leverkusen, Germany). Thereafter, all acquired images were transferred to a software module for tissue perfusion estimation (Tissue 4D, Siemens Medical Systems, Erlangen, Germany) as described previously [9, 23, 24]. Though, images of the following pharmacokinetic parameters were saved in DI COM format (Figure 1):

•  $K_{trans}$  or volume transfer constant representing the diffusion of contrast medium from the plasma through the vessel wall into the interstitial space;

• V<sub>e</sub> or volume of the extravascular extracellular space (EES);

•  $K_{ep}$  or parameter for diffusion of contrast medium from the EES back to the plasma.

On the next step, the saved DI COM images were processed offline with custom-made Matlabbased application (The Mathworks, Natick, MA, USA). Thereafter, polygonal ROIs were automatically drawn on all of the transferred maps along the contours of the primary tumor on each slice (whole lesion measure) according to the previous description [12]. For every perfusion parameter ( $K_{trans}$ ,  $V_e$ , and  $K_{ep}$ ), mean, maximal, minimal, and median values, as well percentiles 10th, 25th, 75th, and 90th were estimated (Figure 1) according to our previous description (). Furthermore, histogrambased characteristics: kurtosis, skewness, and entropy were also calculated.

# Histopathological analysis

In every case, sections from formalin-fixed and paraffin-embedded tissue were cut at 5  $\mu$ m and stained with Ki 67 antigen (MIB-1 monoclonal antibody, DakoCytomation, Denmark). Thereafter, the histopathological images were digitalized by using the Pannoramic microscope scanner (Pannoramic SCAN,



Figure 1: DCE MRI and histopathological findings in a patient with histologically proven squamous cell carcinoma of the oropharynx. (A)  $K_{trans}$  map of the tumor. (B) Histogram of  $K_{trans}$  values. The histogram analysis parameters (min<sup>-1</sup>) are as follows: mean = 0.078, min = 0.014, max = 0.672, P10 = 0.039, P25 = 0.05, P75 = 0.094, P90 = 0.129, median = 0.07, mode = 0.048, kurtosis = 4.48, skewness = 3.85, entropy = 2.71. (C).  $V_e$  map of the tumor. (D) Histogram of  $V_e$  values. Estimated histogram analysis parameters are as follows: mean = 0.675, min = 0.343, max = 0.992, P10 = 0.466, P25 = 0.532, P75 = 0.822, P90 = 0.929, median = 0.657, mode = 0.475, kurtosis = 1.96, skewness = 0.248, entropy = 2.63. (E)  $K_{ep}$  map of the tumor. (F) Histogram of  $K_{ep}$  values. Estimated histogram analysis parameters (min<sup>-1</sup>) are as follows: mean = 0.399, min = 0.14, max = 0.72, P10 = 0.23, P25 = 0.3, P75 = 0.49, P90 = 0.54, median = 0.41, mode = 0.47, kurtosis = 2.47, skewness = 0.059, entropy = 3.31. (G). Immunohistochemical stain (MIB-1 monoclonal antibody). Ki 67 index = 90%, cell count = 150, total nucleic area = 46424 µm<sup>2</sup>, average nucleic area = 310 µm<sup>2</sup>.

3DHISTECH Ltd., Budapest, Hungary) with Carl Zeiss objectives. In every case, the whole sample was acquired at high resolution. Via the integrated Pannoramic Viewer 1.15.4 (open source software, 3D HISTECH Ltd., Budapest, Hungary) the acquired slides were evaluated and three captures with a magnification of  $\times 200$  were extracted and saved as uncompressed Tagged Image File Format (TIFF). Furthermore, the digitalized images were analyzed by using ImageJ software 1.48v (National Institutes of Health Image program) with a Windows operating system [27–30]. For this study, the following histopathological parameters were calculated:

• Tumor proliferation index as relation of KI 67 stained nuclei divided by all nuclei [25, 26]. Though for the analysis the area with the highest number of positive tumor nuclei was selected (Figure 1);

• Cell count as a number of all nuclei;

• Total nucleic area (µm<sup>2</sup>) as area of all nuclei;

 $\bullet$  Average nucleic area  $(\mu m^2)$  as a total nucleic area divided by number of nuclei.

#### Statistical analysis

Statistical analysis and graphics creation was performed with SPSS 22 (IBM SPSS Statistics for Windows, version 22.0, Armonk, NY: IBM corporation). Values are presented as mean  $\pm$  standard deviation (SD). The distribution of the acquired data was tested by Shapiro-Wilk test. Mean value comparison was carried out using the Mann-Whitney-*U* test. Spearman's nonparametric rank correlation coefficients were calculated between DCE and different histopathological parameters. Significance level was set at  $p \le 0.05$ .

# **CONFLICTS OF INTEREST**

None to declare.

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