#### **Research Paper**

## Genistein inhibits the growth and regulates the migration and invasion abilities of melanoma cells via the FAK/paxillin and MAPK pathways

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### ABSTRACT

Genistein is one of the main components of soy-based foods, which are widely known for their many benefits, including anti-cancer, anti-inflammatory, and antioxidant effects. In this study, we investigated the anti-metastasis effects of genistein on B16F10 melanoma cells. Our results showed that genistein strongly inhibited B16F10 cell proliferation and induced apoptosis in time- and concentrationdependent manners. Genistein altered the morphology of B16F10 cells to an elongated shape with slim pseudopodia-like protrusions. Moreover, genistein inhibited the invasion and migration abilities of B16F10 cells in a dose-dependent manner. On one hand, a high concentration of genistein (100  $\mu$ M) significantly inhibited cell adhesion and migration, as shown by wound healing assays and transwell-migration and invasion assays. Furthermore, the expression levels of p-FAK, p-paxillin, tensin-2, vinculin, and 
-actinin were decreased by genistein. As a result, genistein is believed to strongly downregulate the migration and invasion abilities of B16F10 cells via the FAK/ paxillin pathway. Moreover, p-p38, p-ERK, and p-JNK levels were also dramatically decreased by treatment with genistein. Finally, genistein significantly decreased the gene expression of FAK, paxillin, vimentin, and epithelial-to-mesenchymal transitionrelated transcription factor Snail, as shown by real-time PCR (qPCR) analysis. On the other hand, a lower concentration of genistein (12.5 µM) significantly promoted both invasion and migration by activating the FAK/paxillin and MAPK signaling cascades. Taken together, this study showed for the first time that genistein exerts dual functional effects on melanoma cells. Our findings suggest that genistein regulates the FAK/paxillin and MAPK signaling pathways in a highly concentration-dependent manner. Patients with melanoma should therefore be cautious of consuming soybased foods in their diets.

### **INTRODUCTION**

Melanomas are malignant skin tumors that have a poor cure rate because of their invasive behavior. Today, tyrosine kinase inhibitors and immunomodulating agents are widely used in clinical therapy. However, these agents are associated with high incidences of adverse and toxic effects [1, 2]. Therefore, new treatment approaches with lower toxicity and higher specificity to prevent the progression of melanomas cells are desperately needed.

Cancer metastasis, a complex process involving cell migration, adhesion, and invasiveness, is often associated with melanomas. Benign tumor cells acquire the ability to migrate and invade, which are important steps in their transformation into malignant cancer cells. Cell migration is a dynamic and multistep process involving leading edge protrusion, turnover of focal adhesions, generation of traction forces, and tail retraction and detachment [3, 4]. Cell invasion is a process that can be initiated by altered integrin surface expression and the release or activation of several enzymes that degrade the extracellular matrix (ECM), allowing detachment of the cells from the primary tumor and healthy tissue [5, 6]. Various types of highly mobile cancer cells share certain features, such as epithelial-to-mesenchymal cell transition, the formation of filopodia or lamellipodia, and changes in cytoskeleton structure and morphology [7-9].

Focal adhesion kinase (FAK) is an important intracellular tyrosine kinase that plays vital roles in the regulation of ECM integrin signaling, cell cycle progression, cell motility, cell migration, and cell survival [10, 11]. Increased FAK expression and tyrosine phosphorylation have been observed in many malignant human tumors, and elevated expression of FAK is correlated with poor prognosis [12-14]. The inhibition of FAK functionality by small molecules reduced both the motility and viability of cancer cells in both mouse models and human clinical trials [15-17], suggesting that FAK might be a potential therapeutic target to treat highly invasive types of cancers. The COOH-terminal domain of FAK interacts with integrin-associated proteins; for example, FAK is activated upon cell binding to ECM proteins and forms a transient signaling complex with the steroid receptor coactivator (Src) family of protein tyrosine kinases [18]. Both Src and paxillin are important ligands and downstream effectors of activated FAK. The phosphorylation of FAK<sup>Tyr925</sup> by Src affects its complex formation with paxillin and vinculin and further activates downstream pathways such as the MAPK or Rho/Rac/ Cdc42 cascades that regulate cellular morphology and motility [4, 14]. Moreover, the FAK/paxillin interaction is modulated by the cytoskeletal adapter protein vinculin via the extracellular signal-regulated kinase (ERK) pathway [19].

Paxillin is a cytoskeletal protein that colocalizes with FAK at focal adhesion contacts and is a downstream target of FAK [20]. Paxillin is highly expressed in many cancers and is tightly associated with the development, progression, invasion, metastasis, and poor prognosis of multiple cancers [21-24]. Currently, increasing evidence has demonstrated that the FAK/paxillin signaling pathway participates in the processes of cancer invasion and metastasis via different molecular mechanisms [25-27]. Disrupting the interaction between FAK and paxillin blocks the migration and invasion of cancer cells [22]. Therefore, FAK/paxillin pathway activation is recognized as a potential predictor of cancer metastasis.

The signaling mediated by mitogen-activated protein kinases (MAPKs) is one of the most important cellular mechanisms responsible for melanoma metastasis,

as it promotes cell proliferation, survival, invasion, and tumor angiogenesis [28, 29]. Indeed, MAPK signaling cascades are highly activated in melanomas, making them an appealing target for therapies [29]. ERK1/2, the c-Jun amino-terminal kinase (JNK), p38 kinase, and ERK5 are the four alternative MAPKs activated by distinct stimuli. Among these four cascades, the RAS/RAF/MEK/ERK1/2 pathway has attracted the most attention due to its critical role in regulating cell proliferation and survival. Therefore, inhibition of either the FAK/paxillin or MAPK pathway in cancer cells could be an effective strategy for preventing cancer cell migration and invasion.

The epithelial-mesenchymal transition (EMT) is a complex of cellular and molecular processes by which epithelial cells acquire mesenchymal and migratory properties [30]. The increased expression levels of both mesenchymal (e.g., fibronectin, vimentin, N-cadherin,  $\alpha$ -smooth muscle actin) and invasion markers are hallmarks of EMT [15]. Transcriptional repressors (Snail, Slug, Twist, or ZEB1/2) are involved in EMT during development and respond to EMT stimuli to repress E-cadherin expression during tumor progression [31]. Moreover, FAK plays a critical role in tumor-associated EMT by promoting intracellular signaling pathways, which leads to downregulation of E-cadherin to further allow tumor cell migration/invasion [15].

Genistein is a naturally occurring isoflavone found predominantly in soy products, which are highly consumed in Asia. This compound is bioactive, exhibiting anti-inflammatory properties and playing roles in tyrosine kinase inhibition and phytoestrogen and anti-cancer effects [32]. The inhibitory effects of genistein on carcinogenesis and cancer progression have been recognized for years. Experimental evidence has shown that the inhibition of cancer cell growth by genistein is mediated by the modulation of genes related to the control of cell cycle and apoptosis, invasion, and metastasis [33-35]. However, whether genistein affects the viability or motility of melanoma cells remains unclear. In the present study, we aimed to investigate the effects of genistein on melanoma cells. Our results demonstrate that genistein exerts a dual functional effect on the invasion and metastasis of melanoma cells in a concentration-dependent manner. Furthermore, we showed that the FAK/paxillin and MAPK signaling cascades might be potential targets of genistein.

## RESULTS

# Genistein inhibits the proliferation of melanoma cells

We evaluated the influence of genistein, at various concentrations and incubation times, on the viability of melanoma cells using the WST-8 assay. The results showed that genistein has an inhibitory effect on cell viability in time- and dose-dependent manners (Figure 1A). We found that only the highest concentration of genistein evaluated (100  $\mu$ M) significantly inhibited the growth of B16F10 cells after 24 and 48 h of incubation. In contrast, lower concentrations (12.5–50  $\mu$ M) of genistein did not have affect cell viability. To confirm this result, we also counted the number of cells after 24 and 48 h of incubation with genistein. As shown in Figure 1B, genistein significantly decreased cell numbers by 24 h at concentrations of 50 and 100  $\mu$ M. The effects were even more pronounced after 48 h (p<0.01). Furthermore, genistein (12.5–100  $\mu$ M) showed a significant inhibitory effect on cell proliferation, compared with the control,

in a colony forming assay (Figure 1C). These results demonstrate that genistein inhibits melanoma cell proliferation at concentrations of  $12.5-100 \ \mu M$ .

#### Genistein induces apoptosis of melanoma cells

We further investigated whether genistein induces apoptosis of melanoma cells. As shown in Figure 2A–2B, at concentrations exceeding 50  $\mu$ M, genistein significantly increased the number of apoptotic cells. Indeed, genistein (50–100  $\mu$ M) induced DNA fragmentation after 24 and 48 h of treatment compared with the control (dimethyl sulfoxide [DMSO]) (Figure 2C).



**Figure 1: A.** Effects of genistein on the viability of B16F10 cells as determined by WST-8 assay. B16F10 cells were incubated with different concentrations of genistein for 24 and 48 h. **B.** Cell numbers were counted in the 6-well plates after incubation with genistein for 24 and 48 h. **C.** Long-term colony formation assay of B16F10 cells after treatment with genistein (0, 12.5, 25, 50, and 100  $\mu$ M). Cells were grown in the absence or presence of genistein at the indicated concentrations for 7 days. Cells were fixed and stained with crystal violet. Data shown are the averages of three replicates; the experiment was repeated three times. \*p<0.05, \*\*p<0.01, compared with the DMSO control. Scale bar is 200  $\mu$ m.

## Genistein influences the morphology of melanoma cells

Genistein treatment induced morphological changes in time- and dose-dependent manners (Figure 3). After 24 h, the control cells were confluent and spindle shaped, whereas the genistein-treated cells were well-attached, larger in size, and elongated with long and slim pseudopodia-like protrusions (Figure 3A). After 48 h, these morphological changes became more significant (Figure 3B). We confirmed these results using flow cytometry, analyzing the intensities of forward and side scatter light. As shown in Figure 3C, the cell populations with high side scatter intensities increased after treatment with 50–100  $\mu$ M genistein for 48 h. In addition, the abundance of very

small cells and cellular fragments (low forward and side scatter intensity values, respectively) increased with both the genistein concentration and incubation time, indicating the presence of apoptotic cells and cellular debris.

## Genistein influences the adhesion of melanoma cells

Cell adhesion is an important step in cell invasion. As such, we investigated the effect of genistein on cell adhesion (Figure 4). Our data showed that pre-treatment of B16F10 cells with genistein 12.5, 25, 50 and 100  $\mu$ M for 24 h significantly inhibited cell adhesion in a dose-dependent manner, showing inhibition levels of 135%, 80%, 62% and 48% compared with the control, respectively.



Figure 2: Flow cytometric analysis of B16F10 cell apoptosis after treatment with genistein for 24 and 48 h. A. Influence of the genistein concentration on the ratio of apoptotic cells after treatment for 24 and 48 h. B. The experiment was repeated three times independently. Percentage of total apoptotic cells = Percentage of (Q2+Q3). In each experiment, 10,000 cells were counted (100%). C. TUNEL assay evaluating apoptosis after treatment with genistein for 48 h. Scale bar is 100  $\mu$ m. \*p<0.05, compared with DMSO control; \*\*p<0.01, compared with DMSO control.

#### Genistein influences cell migration

A wound healing (cell migration) assay was performed to investigate whether genistein inhibits cell mobility. As shown in Figure 5, continuous migration of B16F10 cells was observed in the control group. Cell migration was significantly reduced in B16F10 cells treated with 50 and 100  $\mu$ M genistein (p<0.01). Interestingly, cell migration was significantly enhanced after treatment with 12.5  $\mu$ M genistein.

#### Genistein influences cell migration and invasion

Cell migration and invasion play important roles in cancer metastasis. Thus, we measured the inhibitory effects of genistein on B16F10 cell migration and invasion by transwell assays. The treatment of B16F10 cells with increasing concentrations of genistein led to a dosedependent decrease in vertical cell migration through the Transwell® filter. Genistein significantly inhibited *in vitro* cell migration by 30%, 54%, 70%, and 86%, at concentrations of 12.5, 25, 50 and 100  $\mu$ M, respectively, at 24 h compared with the control cells (Figure 6A–6C), respectively. We obtained similar results in a wound healing assay, in which genistein inhibited the *in vitro* mobility of B16F10 cells (Figure 5).

Cell invasion was measured in modified Boyden chambers coated with Matrigel<sup>TM</sup>, and the results are shown in Figure 6B–6D. The invasion of B16F10 cells was reduced by genistein treatment in a dose-dependent manner. Genistein significantly inhibited *in vitro* cell invasion by 22%, 53%, 78%, and 104% at 12.5, 25, 50 and 100  $\mu$ M, respectively, at 24 h compared with the control cells. However, treatment with 12.5  $\mu$ M genistein stimulated both cell migration and invasion, which coincides with the results from the wound healing assay (Figure 5).







Figure 4: Genistein inhibits the adhesion of B16F10 melanoma cells. Cells were incubated with genistein for 24 h. Unattached cells were first removed, and then attached cells were mixed in 4% paraformaldehyde and stained with crystal violet solution for 10 min at room temperature. The OD value was measured at 570 nm using a microplate reader. Percentage of adhered cells was calculated relative to the control cells. The experiment was repeated three times. \*p<0.05, compared with DMSO control; \*\* p<0.01, compared with DMSO control.



**Figure 5:** Genistein inhibits the mobility of B16F10 cells. Cells were plated into a 6-well plate for confluent monolayer formation in complete medium. Cell monolayers were wounded using a sterile 200  $\mu$ L micropipette tip, and the remaining cells were incubated in medium containing 0, 12.5, 25, 50, and 100  $\mu$ M genistein for 24 h. At the indicated time (0, 8, and 24 h) after scraping, the wound areas were photographed A. and the percentage of cell migration inhibition **B.** was calculated as described in the Materials and Methods. Scale bar is 200  $\mu$ m. The experiment was repeated three times. \*\*p<0.01, compared with DMSO control for each time point.

## Genistein regulates the levels of FAK/paxillin and MAPK pathway proteins

We have shown that genistein inhibited the cell migration and invasion abilities of B16F10 cells. Both MAPK and FAK/paxillin pathways are associated with tumor progression, migration, invasion, and metastasis in many types of tumors [22, 28, 36]. Thus, we further investigated whether genistein inhibits cell migration and invasion via the suppression of proteins involved in the MAPK and FAK/paxillin pathways. The results from western blot analysis are shown in Figure 7. First, we performed time-course (0, 10, 20, 30, 60 min and 24 h) experiments to compare p-FAK<sup>Tyr925</sup> and FAK levels after genistein treatment. Our results showed that genistein inhibited both p-FAK<sup>Tyr925</sup> and FAK levels

after treatment for 24 h (Figure 7A–7B). Furthermore, the incubation of B16F10 cells with genistein (24 h) inhibited the phosphorylation of both FAK and paxillin. The protein levels of  $\alpha$ -actinin, vinculin, and tensin-2 were also strongly regulated by genistein in a concentrationdependent manner. Higher doses (50–100 µM) of genistein inhibited the expression of those proteins, whereas a lower dose (12.5 µM) enhanced their expression. These results indicate that genistein influences cell migration and invasion, possibly via regulation of the FAK/paxillin pathway (Figure 7C–7H).

We further investigated the influence of genistein on the MAPK pathway, demonstrating that treatment with 100  $\mu$ M genistein strongly inhibited the phosphorylation of p38, p42/44, and p-JNK, whereas low doses (12.5–25  $\mu$ M) stimulated the phosphorylation of JNK, p38, and







**Figure 7: Genistein influences the expression of FAK/paxillin and MAPK pathway proteins in B16F10 cells. A.** Total cell lysates from B16F10 cells were prepared after treatment with genistein for 0, 10, 20, 30, and 60 min and 24 h. Next, 40 µg of each cell lysate were loaded onto the gel. (A) After blotting, the membranes were probed with p-FAK and FAK antibodies as described in the Materials and Methods section. B. Integrated band intensities as determined using Image J software. **C.** Total cell lysates from B16F10 cells were probed with antibodies against FAK/paxillin pathway proteins as described in the Materials and Methods section. **D-H.** Integrated intensity band intensities as determined using Image J software. **I.** The membranes were probed with MAPK pathway antibodies as described in the Materials and Methods section. **G-L.** Integrated band intensities as determined using Image J software. \*p<0.05, \*\*p<0.01, compared with solvent control.

p42/44 (Figure 7I–7L). The results of immunofluorescence staining showed that genistein altered the structure of F-actin filaments, reduced the levels of phospho-FAK/FAK and phospho-paxillin/paxillin around the periphery of cell membranes, and decreased the expression of the EMT marker vimentin (Figure 8).

## Genistein alters the gene expression of FAK, paxillin, vimentin, and Snail

Because we observed that genistein regulated the expression of proteins in the FAK/paxillin pathway, we also measured the gene expression of both FAK



**Figure 8: Modulation of p-FAK, FAK, p-paxillin, paxillin, and vimentin by genistein.** B16F10 cells were treated with or without 100 µM genistein for 24 h. The cells were then fixed and subjected to immunofluorescence staining with p-FAK, FAK, p-paxillin, paxillin, and vimentin primary antibodies, followed by secondary antibodies (red color), coupled with iFluor 488-conjugated Phalloidin (for F-actin, green color) and DAPI (for nucleus, blue color) staining. Scale bar is 20 µm.

and paxillin. We found that treatment with 100  $\mu$ M genistein significantly downregulated FAK and paxillin mRNA expression compared with the solvent control, whereas lower doses of genistein (12.5  $\mu$ M) promoted the expression of FAK and paxillin. Snail is an important transcription factor that regulates the expression of E-cadherin. It has been shown that loss of E-cadherin expression occurs frequently in malignant melanocytes [37]. Our results showed that high doses of genistein inhibited Snail expression, whereas low concentrations

had the opposite effect. These results correlate with our previous observations showing that genistein inhibited EMT in dual ways (Figure 9).

## DISCUSSION

Genistein has been reported to suppress tumor cell growth and induce apoptosis in several tumor cell lines through different molecular pathways, including cell cycle arrest, mitochondria-dependent pathways, MAPK



Figure 9: Genistein inhibits the relative mRNA levels of FAK, paxillin,vimentin, and Snail in B16F10 cells (as determined by RT-PCR). GAPDH were utilized as internal controls, and the relative mRNA levels were calculated according to the  $2^{-\Delta\Delta Ct}$  method. \*p<0.05, \*\*p<0.01, compared with solvent control.

pathways, and caspase-dependent pathways [38-43]. However, little is currently known about genistein's effects on melanoma cells, especially its anti-metastatic potential on the FAK/paxillin pathway. Melanomas are skin tumors that generally have a poor cure rate because of their invasive behavior. Therefore, the present study was undertaken to elucidate the activity of genistein on B16F10 melanoma cells. Our experiments focused on the effects of genistein on cell growth, apoptosis, cell morphology, invasion, and migration of B16F10 melanoma cells *in vitro*.

In this study, genistein exerted both anti-proliferative and anti-metastatic effects on B16F10 melanoma cells. Furthermore, genistein induced its apoptotic effect in a dose-dependent manner. This observation is in agreement with the cytotoxic properties of genistein reported in other studies using different cell types [40, 43, 44].

The early stages of cell migration and invasion involve ruffling of the plasma membrane into distinct structures such as filopodia or lamellipodia, which contain bundles of actin filaments and associated proteins [3]. We observed that genistein leads to changes in cell morphology involving the formation of irregular shapes such as diamond shapes or slim pseudopodia-like protrusions. Our immunostaining results showed that genistein disrupted the structure of F-actin and reduced p-FAK and p-paxillin levels in focal adhesion contacts at the leading edges of B16F10 cells. The results indicate that genistein impairs the formation of focal adhesions and actin bundles via suppression of FAK and paxillin phosphorylation-induced activation. This result is consistent with a previous study in which blocking the expression or function of FAK and paxillin reduced cellular mobility [45].

To further investigate whether the morphological changes are related to invasion and migration, we first evaluated the adhesion (the first step in invasion and migration) of B16F10 cells after genistein treatment. Our results demonstrated that adhesion was significantly decreased. Moreover, genistein inhibited metastasis in a dose-dependent manner, and a high concentration of genistein inhibited cell migration and invasion. Interestingly, a lower dose of genistein promoted cell migration and invasion. Furthermore, our results demonstrated that treatment with 100 µM genistein strongly inhibited the phosphorylation of FAK and paxillin. The protein levels of  $\alpha$ -actinin, vinculin, and tensin-2 were also strongly regulated by genistein in a concentrationdependent manner. Specifically, lower genistein doses (12.5-25 µM) increased, whereas a higher dose



Figure 10: Scheme of the mechanism by which genistein affects melanoma cell survival, proliferation, and migration.

Table	1:	List	of	antibodies	used	in	the	experiments
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	Name	Source	ID	Reference	Usage
1	Paxillin	Rabbit, pAb	#2542 Cell Signaling	[57, 58]	WB
2	Phospho-p44/42 MAPK (Thr202/Tyr204) (D13.14.4E)	Rabbit, mAb	#9910 Cell Signaling	[59]	WB
3	Phospho-p38 MAPK (Thr180/Tyr182) (D3F9)	Rabbit, mAb	#9910 Cell Signaling	[60]	WB
4	Phospho-SAPK/JNK (Thr183/Tyr185) (81E11)	Rabbit, mAb	#9910 Cell Signaling	[61]	WB
5	Anti-rabbit IgG, HRP-linked Antibody	Goat	#7074 Cell Signaling	[59]	WB
6	Phospho-Paxillin (Tyr118)	Rabbit, pAb	#2541 Cell Signaling	[58]	WB
7	p44/42MAP Kinase (137F5)	Rabbit, mAb	#9926 Cell Signaling	[59]	WB
8	p38 MAPK (D13E1)	Rabbit, mAb	#9926 Cell Signaling	[62]	WB
9	SAPK/JNK (56G8)	Rabbit, mAb	#9926 Cell Signaling	[60]	WB
10	α-Actinin (D6F6)	Rabbit, mAb	#13430 Cell Signaling	[63]	WB
11	FAK	Rabbit, pAb	#13430 Cell Signaling	[64]	WB
12	Tensin 2	Rabbit, pAb	#13430 Cell Signaling	[65]	WB
13	Vinculin	Rabbit, pAb	#13430 Cell Signaling	[66]	WB
14	Phospho-FAK (Tyr925)	Rabbit, pAb	#9330 Cell Signaling	[64]	WB
15	Vimentin (D21H3)	Rabbit, mAb	#9782 Cell Signaling	[67]	WB, IF
16	GAPDH-HRP	Mouse, mAb	#ab011 Multi Science		WB
17	Anti-FAK antibody [EP695Y]	Rabbit, mAb	#Ab40794 Abcam	[68]	IF
18	Anti-Paxillin antibody [Y113]	Rabbit, mAb	#Ab32084 Abcam	[69]	IF
19	Phospho-Paxillin (Tyr118) Antibody	Rabbit, pAb	#2541 Cell Signaling	[70]	IF
20	Anti-FAK (phospho Y925) antibody	Rabbit, pAb	# Ab38512 Abcam	[71]	IF
21	Anti-rabbit IgG (H+L), F(ab')2 Fragment (Alexa Fluor® 555 Conjugate)	Goat	#4413 Cell Signaling	[72]	IF
22	CytoPainter Phalloidin-iFluor 488 Reagent		#Ab176753 Abcam	[73]	IF
23	DAPI staining buffer		#C1005 Beyotime	[74]	IF

(50-100 µM) inhibited, protein expression. The results indicate that genistein influences both cell migration and invasion by regulating the FAK/paxillin pathway. Moreover, genistein regulates FAK and paxillin gene expression in dual ways. As previous studies reported, genistein influences cancer progression mainly by targeting the NF-kB, AKT, and caspase pathways [46]. Our results showed for the first time that genistein influences the FAK/paxillin pathway in melanomas. Further, Snail is an important transcription factor regulating the EMT of various cancer cells, and its overexpression in tumor tissues (various cancers including melanoma) is closely correlated with tumor progression (metastasis and recurrence) [47-49]. Our results showed that a high concentration of genistein significantly inhibits Snail expression, whereas a lower concentration enhances snail expression. These results are in agreement with our in vitro tests on both the migration and invasion of cells in the presence of genistein.

In addition, we analyzed the phosphorylation of the MAP kinases p38, ERK, and JNK in response to genistein treatment in B16F10 cells. Our results showed that the MAPK pathway in melanoma cells is highly activated without any treatment, whereas a high concentration of genistein strongly inhibited the phosphorylation of p38, ERK, and JNK. In contrast, lower concentrations of genistein stimulated the phosphorylation of these proteins. These results indicate that genistein exerts dual functions in regulating the MAPK cascade. It has been reported that genistein regulates the activation of MAPK in different cell types [50-52]. However, our results showed that genistein regulated MAPK in two different manners: stimulating the pathway at a lower concentration and inhibiting it at a higher concentration.

In conclusion, genistein exerted dual functions in melanoma cells. At a higher dose, genistein decreased cell viability, induced apoptosis, and inhibited the adhesion, migration, and invasion of B16F10 cells by mediating the FAK/paxillin and MAPK pathways. At a lower dose, genistein promoted tumor progression via activation of the MAPK and FAK/paxillin signaling cascades. Collectively, the effect of genistein on melanoma is highly dependent on its concentration (Figure 10). Therefore, genistein should be used with caution as a potential chemotherapeutic candidate in future preclinical and clinical study.

## MATERIALS AND METHODS

### Materials

Dulbecco's modified Eagle's Medium (DMEM), 100× penicillin and streptomycin, and fetal bovine serum (FBS) were acquired from Lonza (Verviers, Belgium). The Annexin-V–PI Apoptosis Kit and TUNEL Apo-Green Detection Kit were purchased from Biotool (Shanghai, China). DMSO and genistein were both purchased from Sigma-Aldrich (Shanghai, China), and a stock solution (200 mM) of genistein was prepared in DMSO. Matrigel<sup>TM</sup> was acquired from Invitrogen (Karlsruhe, Germany), and WST-8 and the Phosphatase and Protease Inhibitor Cocktail Set I were acquired from Biotool. First and second antibodies were purchased from Cell Signaling Technology (Danvers, MA, USA). Detailed information regarding the antibodies we used are listed in Table 1. The enhanced chemiluminescence (ECL) detection system was obtained from Biotool.

## **Cell culture**

The murine melanoma cell line B16F10 was purchased from the Type Culture Collection of the Chinese Academy of Sciences in Shanghai, China. The cells were grown in DMEM supplemented with 10% FBS at 37 °C in a 5% CO<sub>2</sub> air atmosphere.

### Analysis of cell viability by WST-8 assay

B16F10 cells (100  $\mu$ L) were seeded into 96-well cell culture plates at 5 × 10<sup>5</sup>/mL in DMEM containing various concentrations of genistein. Cells were incubated for 24 and 48 h under standard culture conditions. Subsequently, 10  $\mu$ L of WST-8 were added to each well, and the plate was placed on a plate shaker for 1 min to ensure optimal mixing. After 1 h of incubation at 37 °C and 5% CO<sub>2</sub>, the OD at 450 nm was determined using a microtiter plate reader (BioRad, Hercules, CA, USA). For data analysis, the mean values and standard deviations were determined from three replicates.

## **Cell counting**

Cells (1 mL) were seeded into each well of 24well cell culture plates at  $5 \times 10^5$ /mL and incubated for 24 and 48 h with or without genistein. The cells were counted under a digital fluorescence microscope (Nikon, Tochigi, Japan).

### **Colony formation assay**

The colony formation assay was performed as reported previously [53]. Cells  $(1 \times 10^3/\text{well})$  were plated in 6-well plates containing DMEM with 10% FBS at 37°C. After 24 h, the cells were treated with different concentrations of genistein (0, 12.5, 25, 50, and 100  $\mu$ M) for 24 h, and then cells were allowed to grow for 7 days in the absence of genistein in 6-well plates without a cushion of soft agar. Cells were fixed and stained with crystal violet (0.5%) for 20 min at room temperature. Images were captured using the inverted microscope (Nikon).

### Morphology

Cells (1 mL) were seeded into each well of 96-well cell culture plates at  $5\times10^5/mL$  and incubated for 24 and

48 h with or without genistein. Pictures were taken using a digital fluorescence microscope equipped with an NIEanalysis soft image system (Nikon).

## Apoptosis assay

Cells were seeded into 6-well plates at a concentration of  $5 \times 10^5$ /mL and allowed to settle for 2 h. Next, the indicated concentrations of genistein were added. After treatment for 24, 48 h, all cells (adherent and non-adherent) were collected. Annexin-V-(FITC) and propidium iodide were used for staining according to the manufacturer's instructions. Solvent-treated cells were used as the control. The double-stained cells were subsequently analyzed by the FACSAria<sup>TM</sup> flow cytometer (Becton, Dickinson and Company, Franklin Lakes, NJ, USA). All experiments were performed using three independent cell cultures. At least 10,000 cells were counted each time.

## Terminal deoxynucleotidyl transferase dUTP nick end labeling (TUNEL) assay

Coverslips were deposited into each well of a 24-well plate. Next, 1 mL of  $5 \times 10^5$  cells/mL were seeded into each well of 24-well cell culture plates and incubated for 24 and 48 h with or without genistein. The supernatant was removed, and the cells were washed twice with 750 µL phosphate buffer saline (PBS). After washing, the cells were fixed with 750  $\mu$ L 4% paraformaldehyde (PFA) for 15 min at room temperature. Cells were then washed twice with PBS to remove the PFA. For permeabilization, cells were incubated with 750 µL 0.1% Triton X in PBS for 5 min. Cells were then washed three times with PBS. TUNEL Apo-Green buffer (100 µL) was added for 1 h. Cells were washed twice with PBS to remove unbound dye. Next, DAPI solution (100 µL) (Beyotime, Beijing, China) was added to stain the nuclei of the cells. The coverslips were removed carefully, and the samples were examined by digital fluorescence microscopy.

## Adhesion assay

An adhesion assay was performed as reported previously [54]. Cells were plated in a 12-well plate at a concentration of  $5 \times 10^5$ /mL for 12 h and then incubated with different concentrations of genistein for 24 h. Cells were then harvested and re-seeded in a 24-well plate for 3 h. Cells were washed three times with PBS and fixed with 4% PFA at room temperature for 15 min. Cristal violet staining solution (Beyotime) was added to cells for 10 min at room temperature. The cells were then washed twice with PBS. The OD value was measured at 570 nm using a microplate reader (BioRad). Thepercentage of adhered cells was calculated relative to those in the control sample.

## Wound healing mobility assay

Cells were seeded at a concentration of  $5 \times 10^{5/2}$  well into a 6-well plate and grown to approximately 90% confluence after 24 h. The medium was removed, and cell monolayers were wounded by manually scraping the cells using a sterile P200 micropipette tip. Cellular debris was washed away three times with PBS, and cells were then cultured in serum-free medium containing different concentrations of genistein for 24 h under standard culture conditions. The wound areas were then photographed. Migration was quantified by measuring the distances from the wound edges, and the percentage of distance migrated was calculated relative to that of the control [55].

### Cell migration and invasion assay

Cells ( $4 \times 10^4$ /well) were placed in Transwell<sup>®</sup> cell culture chambers (8 mm pore size; Corning, Lowell, MA, USA), which were coated with Matrigel<sup>™</sup> for a 24-h invasion assay. The cell suspension was placed in the upper chamber of the Transwell® insert and incubated with different concentrations of genistein and DMSO in serum-free DMEM. The lower chamber was filled with DMEM containing 20% FBS, which was used as a chemoattractant. Cells were incubated for 24 h and allowed to migrate or invade. Cells that migrated or invaded into the lower surface of the membrane were fixed with 4% PFA and then stained with crystal violet as described previously. Five random fields were counted per chamber using an inverted microscope. Each sample was assayed in triplicate as described previously [54].

## Western blot analysis

Western blot analysis was performed as described previously [50]. Cells were pretreated with or without DMSO (control) and genistein ( $12.5-100 \mu$ M) for 24 h. Cell lysates were prepared in ice-cold lysis buffer (MilliQ water +  $100 \times$  Phosphatase and Protease Inhibitor Cocktail Set I). Proteins ( $40 \mu$ g/lane) were separated by gel electrophoresis on 10% SDS-PAGE gels. Separated proteins were transferred onto a PVDF membrane (BioRad) by electroblotting at 100 V for 90 min. Membranes were probed with the respective primary antibody followed by an HRP-conjugated secondary antibody and detected by ECL chemiluminescence. The primary antibodies were used at a 1:1000 dilution and secondary antibodies at a 1:3000 dilution.

### Immunofluorescence staining

An immunofluorescence assay was performed as reported previously [3, 56]. Briefly, cells were incubated for 24 h with or without 100  $\mu$ M genistein. The cells were

fixed in 4% PFA for 20 min at room temperature. Next, the cells were permeabilized with 0.1% Triton X-100 in PBS for 15 min and blocked with 2% bovine serum albumin (BSA) for 1 h. Subsequently, the cells were washed with PBS and BSA prior to incubating with anti-vimentin (1:500), anti-p-paxillin (1:50), anti-paxillin (1:500), antip-FAK (1:500), or anti-FAK (1:500) primary antibodies overnight at 4°C. Samples were then washed five times with PBS, followed by incubation with anti-rabbit IgG secondary antibodies (1:500) and iFluor 488-conjugated phalloidin (1:1000) (Abcam, Shanghai, China) for 1 h at room temperature. Next, 100 µL DAPI solution (Beyotime) were added to stain the nuclei of the cells. Samples were then examined using the TCS SP8 STED ultra high resolution laser confocal microscopy (Leica, Wetzlar, Germany).

#### **Real-time PCR**

qPCR was performed as reported previously [24]. Briefly, cells were pretreated with or without DMSO (control) and genistein (12.5–100  $\mu$ M) for 5 h, and total RNA was extracted using the RNeasy Plus Mini Kit (Qiagen, Valencia, CA, USA). cDNA was prepared using a reverse transcription reagent kit (Selleck Company, Shanghai, China) according to the manufacturer's instructions. Target genes were amplified using the Light Cycler<sup>®</sup> 96 Real-Time PCR System (Roche, Indianapolis, IN, USA) with the following specific primers:

FAK, 5'-CCATGCCCTCGAAAAGCTATG-3' (forward) and 5'- TGACGCATTGTTAAGGCTTCT-3' (reverse);

Paxillin, 5'-GGCATCCCAGAAAATAACACTC C-3' (forward) and 5'-GCCCTGCATCTTGAAATC TGA-3' (reverse);

Snail, 5'-GGTCCCCAACTACGGGAAAC-3' (forward) and 5'- CTGTAGGGGGGTCACTGGGATT-3' (reverse);

Vimentin, 5'-CGTCCACACGCACCTACAG-3' (forward) and 5'- GGGGGATGAGGAATAGAGGCT-3' (reverse);

GAPDH, 5'-GCACCGTCAAGGCTGAGAAC-3' (forward) and 5'-TGGTGAAGACGCCAGTGGA-3' (reverse).

GAPDH was utilized for normalization. Each sample was tested in triplicate, and the relative gene levels were normalized using the  $2^{-\Delta\Delta Ct}$  method.

#### Statistical analysis

All data are presented as means  $\pm$  S.D from at least three experiments. Statistical significance was determined using the Student's t-test, with p<0.05 considered statistically significant.

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## **CONFLICTS OF INTEREST**

All authors of this paper declare no conflicts of interest.

#### **Author contributions**

WJ participated in the study design, conducted most of the experiments, and analyzed the results; WQQ conducted the experiments and analyzed the results; QJ, YCS, and BP designed and discussed the results; CSN obtained funding, designed the research project, supervised all experiments, and drafted the manuscript. All authors reviewed the manuscript.

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